# Tudor Practice Healthcare Staff



# Who should you see?

A GP appointment may not always be the most appropriate source of care for your condition and the reception team may refer you to one of the allied health professionals.

### First Contact Physiotherapist

REBECCA- Available on Mondays & Thursday

Physiotherapists help people affected by injury, illness or disability and frailty through movement, exercise, manual therapy and advice. They enable people to improve their physical health and activity and play an important role in public health.

# Social Prescriber

MICHELLE- Available Monday - Friday on an appointment basis



Can signpost and refer patients to appropriate activities, services and support to help their social needs.

## Dietitian

HELEN - Available Tuesdays once a month

A dietitian is an expert in identifying and treating disease-related malnutrition and in conducting medical nutrition therapy.

For more information visit: https://www.tudor-nantwich.nhs.uk/